



**VOL. 4, ISSUE 3**

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## **Maximize Your Healthcare Experience**

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This week, we plan to share with your employees the tips and resources we highlight here. Scott and White Health Plan offers a variety of self-service tools our members can use anytime, anywhere. Through the member portal on the TRS [website](http://trs.swhp.org) (trs.swhp.org), members can:

- View, print or order a hardcopy member ID card or download an electronic version
- See an overview of plan benefits, track deductibles and out-of-pocket maximum
- Monitor claims and see the Explanation of Benefits for healthcare services
- And much more

For a fully integrated experience with Baylor Scott & White Health providers, users can also access the member portal through [MyBSWHealth.com](http://MyBSWHealth.com) or the MyBSWHealth app. Here, users can connect insurance information with their patient information:

- Pay bills
- Get test results
- Manage prescriptions and refills
- Contact a care team member

Another option for medical guidance is the nurse advice line which is open seven days a week, 24 hours a day at 1-877-505-7947.

If your employees need assistance with the portal, website or app, they may contact a customer service representative Monday - Friday from 7 a.m. - 7 p.m. at 1-800-321-7947 or TTY: 711.

[Sign up/Log in to the Member Portal](#)

[Sign up/Visit MyBSWHealth.com](#)

[Watch an app video](#)

Scott and White Health Plan and FirstCare Health Plans are pleased to offer health benefits once again to the Teacher Retirement System of Texas. While both plans are now part of the Baylor Scott & White family, for the 2019-2020 school year they will continue to operate under the names you've trusted for years. You can expect the same exceptional service and access to some of the best hospitals, doctors, and other health providers in your community.

Download the app:



Thank you,

Scott and White Health Plan

[trs.swhp.org](https://trs.swhp.org)

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